

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Frans Van Heerden

Has successfully participated & completed the

32km Num-Num Trail Run 2017

held at Pongola Express, MP.

**TIME** 07:43:18

**PACE** 14:27/km

**OVERALL** 69 of 114

**GENDER** 54 of 75

**OPEN** 36 of 44

29 July 2017, Sat

**Date** 

